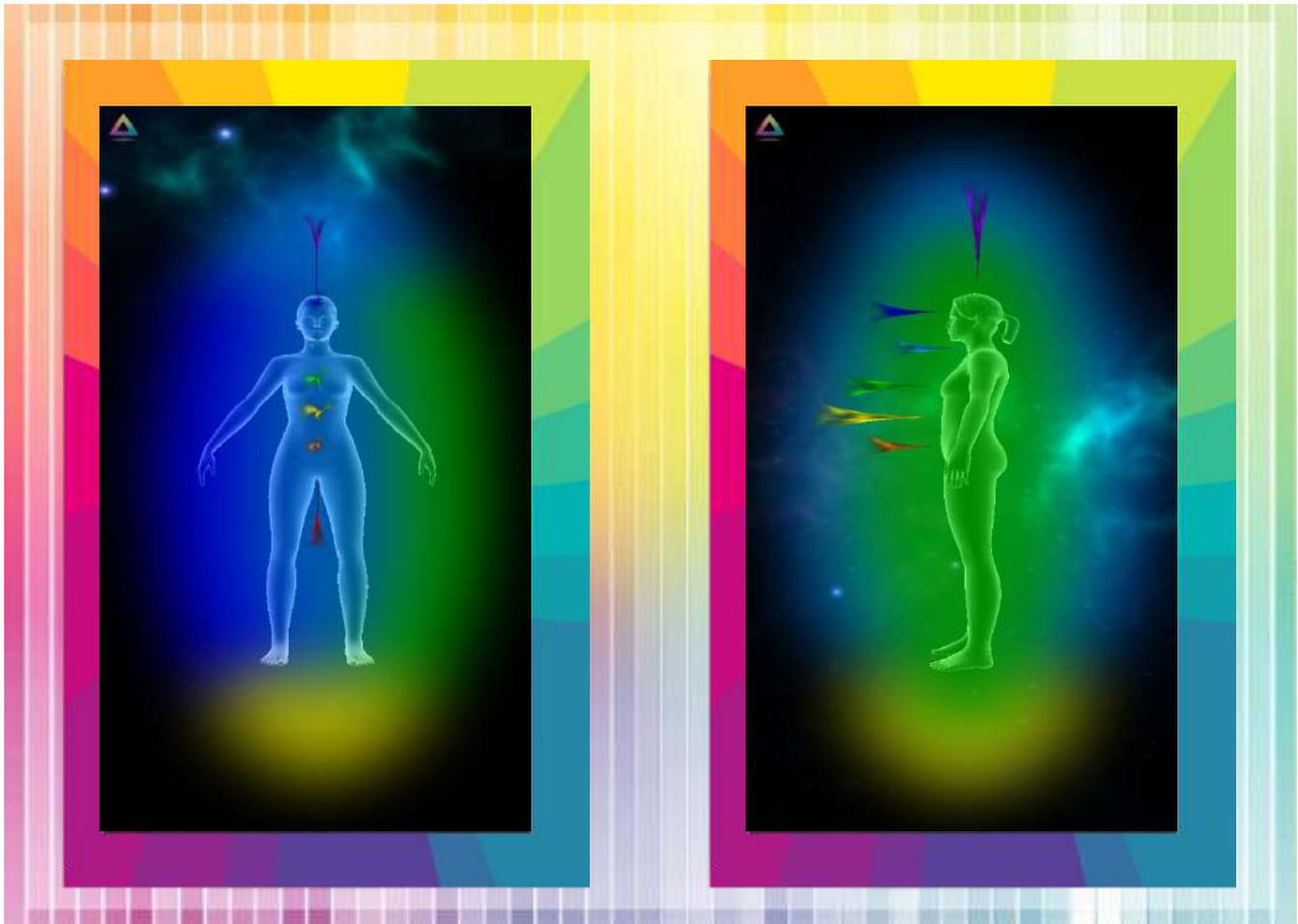


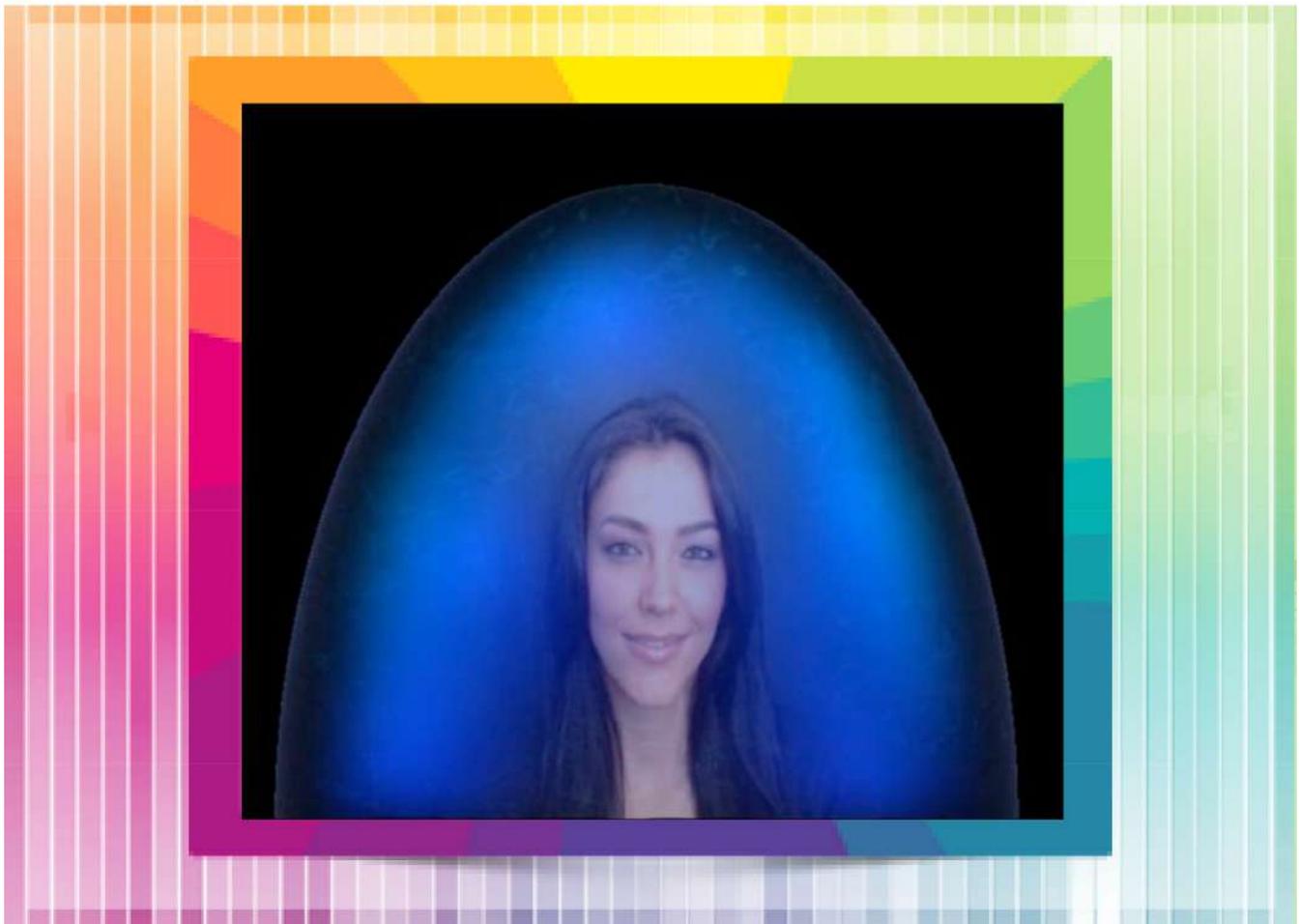
Jessica B 02-Feb-16 09:06 AM



- ^ Top (Blue): Your mental state is tranquil and calm.
- < Left (Green): The energy that flows into your field is healing and social.
- o Center (Blue): Your essence is tranquil and sensitive.
- > Right (Indigo): Others experience your sensitivity and idealism.
- v Bottom (Yellow): Your grounding is optimistic and based on analytic intelligence.

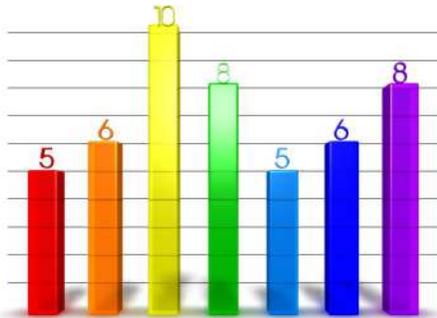


Jessica B 02-Feb-16 09:06 AM



- ^ Top (Indigo): Your mental state is intuitive. You have a higher vision.
- < Left (Blue): The energy flowing into your field is peaceful and caring.
- o Center (Blue): Your essence is tranquil and sensitive.
- > Right (Indigo): Others experience your sensitivity and idealism.
- v Bottom (Blue): Your foundation is peaceful and truthful.





CHAKRA BAR GRAPH

Knowing about your energy centers or chakras can help you determine the steps to take for more balance and higher chi-energy in your life.

High bars and bright colors represent healthy energy centers. Chakras mixed with brown or low, indicate unhealthy energy calling for balancing.

BASE CHAKRA

This chakra is located at the end of the spine and corresponds to life energy, physical activity, emotional-energetic strength, will-power, and sexuality.



High life energy, radiant, sensual and passionate qualities.

Medium life energy, active life style.

Low life energy, survival, accidents, stress qualities. You may need to recharge your physical energies and vitality.

NAVAL CHAKRA

This chakra is located below the navel and corresponds to creative, productive and emotional expression of life energy.



High productivity, strong emotional-energetic expression

Medium productivity and emotional-energetic creativity

Low productivity and creativity, limited emotional-energetic expression. Increase your creative qualities and abilities.

SOLAR PLEXUS CHAKRA

This chakra is located at the solar plexus and corresponds to personal power, creative and intellectual thoughts.



High creativity, intellectual and analytical energetic-thinking, playful qualities

Medium creativity, intellectual and analytical energetic-thinking, playful qualities

Low creativity, intellectual and analytical energetic-thinking or playful qualities. Have more fun and joy in your life, increase your creativity

HEART CHAKRA

This chakra is located around the heart area and corresponds to unconditional love, self-love and forgiveness. It relates to the balance between body-mind-spirit-energy.



High very heartfelt, loving and sensitive qualities.

Medium average loving and sensitive qualities.

Low heartfelt-energy and expressive qualities. Increase your compassion for fellow mankind.

THROAT CHAKRA

This chakra is located around the throat and relates to energetic communication, speech, social abilities and emotional-energetic expression.



High strong expression of thought and emotional qualities

Medium average loving and communicative, sensitive, qualities

Low Unbalanced throat chakra, limited emotional-energetic and verbal expression. Find harmonious ways to express your thoughts and emotions

THIRD EYE CHAKRA

This chakra is located between the eyes and corresponds to intuition, vision, artistic and creative thoughts.



High intuitive energy, strong artistic and intuitive qualities

Medium intuitive energy, average artistic and intuitive qualities

Low intuitive energy, artistic and intuitive qualities. Increase your harmonious intuitive, creative and artistic thoughts

CROWN CHAKRA

This chakra is located on top of the head and corresponds to intuition, spirituality and enlightenment.



High intuitive energy, radiant, sensitive & spiritual qualities

Medium intuitive energy, radiant, sensitive & spiritual qualities

Low intuitive sensitive and intuitive energy. Find new direction and vision in your life

MIND-BODY-SPIRIT GRAPH

This mind-body-spirit graph gives you an overview of how energies are distributed between body, mind and spirit.



MIND: Represents a focus on creativity, mental and emotional expression, and communication.

BODY: Represents a focus on physical reality and results, and body related activities.

SPIRIT: Represents a focus on personal development, feelings, intuition, spirituality and inner qualities.

AURA POWER

The red circle indicates the power of your aura and is an important indicator of how much energy you radiate around you.



Large, wide aura (75-100) indicates a strong and powerful radiance. Other people can feel your strong aura. Use your charisma and aura power to achieve your goals and dreams.

Middle, average aura (40-75) indicates you have a strong presence and radiant energy. You can achieve your goals by increasing your aura even more and focusing on your goals.

Small Aura (0-40) indicates low energy level. Others might perceive you as introverted or with low physical energy. Try to create a stronger radiance around you and increase your aura power.

AURA WAVE

Aura wave is a representation of emotional-energetic calmness shown by an image that varies in wave height.



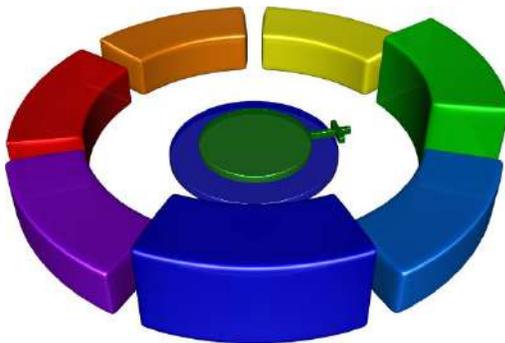
Smooth and gentle waves indicate that you are calm, and your energy is harmonious. Maintain serenity in yourself.

More ripples and disturbance in the wave indicates agitated and disharmonious energy levels. Remove the tsunami of stressful thoughts from your mind and become more balanced in body and spirit.

YIN-YANG COLOR WHEEL

The color wheel gives you an overview of the complete aura color range. It is recommended to use your aura color or the complementary opposite color to relax and balance yourself.

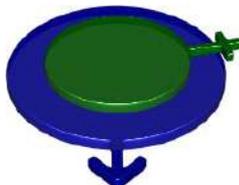
YOUR RESULTS



DESCRIPTIONS

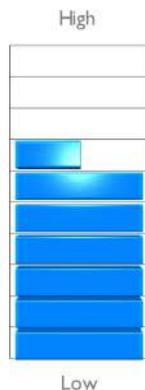


This graph also indicates your yin-yang balance. The ♀ needle reflects your yin (female) qualities. This is the energy that flows into your aura from the left side. The ♂ represents your yang (male) qualities of your energy system.



The closer the yin-yang pointers are in the more your male-female energy is in harmony. More than one color of separation between pointers indicate imbalance. Balancing is recommended.

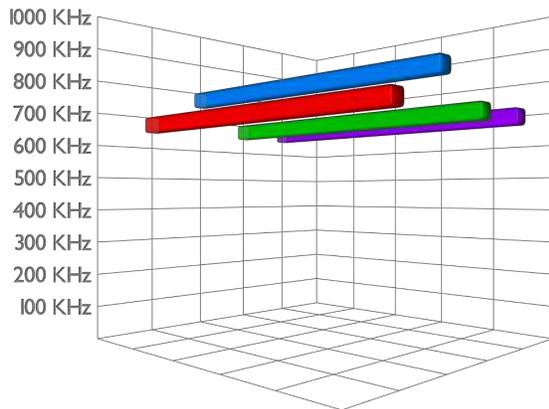
RELAXATION LEVEL



This graph displays visuals representing your overall relaxation levels. The higher the blue bars are filled indicates more overall relaxation and reduced stress in your energy.

ENERGY LEVEL

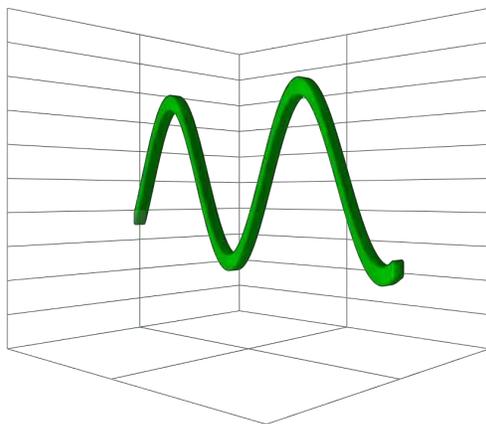
The energy level graph represents the different energy channels that are measured. The goal is to seek overall balance in these areas. The **violet channel** represents your **intuitive energy**. The **green channel** represents your **mental energy**. The **light blue** channel represents your **emotional energy**. The **red channel** represents your **physical energy**.



- 1,000,000-750,000 Extremely high vibration range: More grounding and focus is needed.
- 750,000-500,000 High vibration range: Great for intuitive and sensitive activities. More focus is advised.
- 500,000-250,000 Medium vibration range: Great for daily activities. Typically indicates mind-body-spirit balance.
- 250,000-100,000 Low vibration range: Good to achieve goals and recharge your energy. Relaxation is also advised.
- < 100,000 Very low vibration range: Increasing sensitivity and energy level needed.

EMOTIOMETER

The Emotiometer shows the emotional-energetic reactions, thoughts and inner-feelings. Real-time graphic indicators represent immediate response of energetic feelings and thoughts.



-  Highly emotional stressed, agitated. High excitement, nervousness or sensitivity.
-  Emotional and sensitive, expresses emotions freely.
-  Centered, stable, unemotional, passive, does not express emotions easily, keeps emotions inside.



Blue Around the Head

The color of your head aura is an indicator of the energy of your mind and mental activity. Blue in your head aura suggests a tranquil mental state. Calm and kind, blues are happiest when helping others. Caring and compassion to those in need is an important personal value. At times, you may be reluctant to voice your concerns and choose, instead, to take refuge in your mind.

Blue in the Center

The color that emanates from your center aura indicates your basic nature and personality at its deepest level. Blue in your center aura indicates that you are tranquil and sensitive. You speak from your heart with inner self-confidence and security. Your words are peaceful. You may have a tendency to internalize the unhappiness and pain of others.

Yellow on the Bottom

Your bottom aura's color reflects the nature of your foundation and grounding. Yellow in your Bottom aura suggests your foundation is optimistic and based on analytic intelligence. You have an easy-going nature. You understand things in a logical manner and approach problems with some scientific thinking. Sometimes you may experience uneasiness, perhaps brought on by unclear thinking. You may desire power too much.

Green on the Left

The color of your left aura suggests the nature of the energy flowing into you. Green on the left indicates that you are receiving healing energy and social energy. You are in tune with your world, prepared for change and growth. There are times, however, when your feelings are easily hurt. Cultivate a meditative practice to harness the intense emotional energies that flow into your aura.

Indigo on the Right

The color of your right aura indicates the energy you express and that others feel coming from you. Indigo on the right indicates that others experience your energy as sensitive and idealistic. You demonstrate inner-peace and calmness, and you demonstrate your powerful connection with the divine in a loving personality. You feel a need to help others and to communicate your love and feelings. At times, your emotions and your heart become confused, perhaps because your physical energy has ebbed; at those times, it may help to express your feelings.

BLUE PERSONALITIES

These qualities and characteristics are associated with blue personalities:

Sphere	Description
<i>Purpose</i>	To serve mankind and show others how to love one another Inner-drive: For peace and harmony within, and to give and receive love and support Measure of success: The amount of care and compassion shared
<i>Spiritual</i>	Great faith and trust in higher power, prayer, and faith are very important
<i>Physical</i>	Relaxed, casual, quietly active, may tire easily Exercise: Walking, water activities, spiritual exercises
<i>Mental</i>	Balanced, calm thinker, empathetic, trusting, and difficulty saying, "No"
<i>Emotional</i>	Most emotional of all personalities, loving, caring, patient, and compassionate Interaction: Soft-spoken, personal, intimate, and harmonious Relationships: Supportive, giving, family oriented, and a relationship builder Intimacy: Need of a deep emotional bond with partner
<i>Abilities</i>	Helpful and caring of others, giving, and a rescuer Careers: Nurse, homemaker, astrologer, family therapist, clergy, welfare worker, caretaker, and personal assistant
<i>Revitalize</i>	Peaceful personal time, meditation and prayer, and visits to spiritual places

MIND AND BODY

Blues are the most caring, nurturing and protective of the personalities. They live from their hearts and their emotions. Their life purpose is to serve, help, and love others. They teach humanity that without love nothing else matters. Blues are on this planet to serve mankind.

The honest blue personality expresses submissiveness, devotion, dedication to humanity, and high values. Blues are friendly and loving with open hearts and they need time for themselves to maintain this center of peace.

Their motivation is to serve and help others in a spirit of love and affection. They process ideas and concepts based on feelings and intuition rather than from a mental point of view. As a result blues may not feel in their element in highly intellectual discussions.

Intuition and emotional behavior may not be accepted as readily as intellectual thinking or scientific fact, but for blue personalities there are no real facts except those which come from their heart and soul.

Blues have a natural inner-knowledge and wisdom. They feel and know things without needing facts or data to validate. The moment they become still inside, they tune into an inner-voice that guides them. They are very empathic, feeling the emotions and thoughts of others. Their challenge is to protect themselves so they do not take on the feelings of those around them.

Blues are the most emotional of all the color personalities and constantly need to clear and center themselves. It can be helpful for blues to talk with friends about their inner-path, write in a journal or just be quiet so their intense emotions can subside.

Some blues are more concerned about others than about themselves. They are born caretakers and mothers. They remember birthdays, care for those who are not well, and always have a shoulder for others to cry on. They are born advisers, counselors, and practitioners. Many people enjoy being with blues because they express so much love, acceptance, and forgiveness.

Blues cry easily, releasing powerful emotions of joy, sorrow, compassion, and humility. The other color personalities often have a challenge understanding the intense emotional energy of blue personalities. This emotional depth, however, gives them the ability to be warm, compassionate, and protective towards others.

The major gifts of blues are their ability to express unconditional love, their powerful intuition, and their "inner-knowledge." No matter what happens, blues can always forgive. Others might see them as "too nice" and may take advantage of blues. Therefore, they must stand up for themselves in all situations and not allow others to abuse them.

Blues usually accept the authority of others without offering any resistance. Non-violence is their motto. Their challenge is to discern carefully, staying in their power, and to actually say "No," when appropriate. It is essential that they honor themselves first. If they allow themselves to be used and taken advantage of they may feel frustrated and hopeless.

Some blues are focused primarily on the concerns of others. They enjoy listening to their challenges and have the capacity to understand and not judge what they are going through. Because they spend so much time with the interests of others they sometimes forget to care for their own. The most important challenge for blues is to spend more time working on their own personal growth and less time helping those around them.

Some blues fear that if they put their lives first others might push them away, reject them, or no longer love them. Their fear of hurting others is a reflection of their own fears of being hurt. They need to recognize the tremendous benefits of self-love and to understand that "no" does not mean, "I don't love you." They need to define their boundaries with other people as they have a tendency to allow friends and even strangers to come into their energy field without putting up adequate protection.

Sometimes blues take on the energies and qualities of others. This may be especially likely to happen while they are helping and nurturing others in the capacity of caretakers, and it can occur to the point where they actually take on their energetic imbalances.

The challenge for blue personalities is to recognize and accept that they are loved. Because they are very sensitive they are easily hurt. They want to feel accepted and may do anything to receive a small amount of attention or affection.

Blues are precise and clear in their thinking. From a mental standpoint they are usually in a peaceful and calm state of mind. They focus more on their feelings and emotions than on their thoughts. It is a task for them to formulate their perceptions into detailed analytical communication.

Blues usually do not like physical activity or work. For these sensitive beings the physical world often seems loud, brutal, and harsh. They prefer to reside in their own emotional and spiritual world. They enjoy casual sports or activities they can practice with friends and family. These would include walking, water activities, and simple games. Because they are not very physically active and because blue is the color of expansion, they may find living a healthy lifestyle to be helpful.

If blues are not living in harmony they can be dramatic and consuming, constantly looking for someone or something to love. They may see themselves as victims being manipulated and they can be filled with self-pity. At times they may feel they must love in order to feel worthy and loved in return, which put an unhealthy condition on their love.

Unbalanced blue personalities lack self-confidence and may experience feelings of worthlessness, questioning if they are truly worthy. If they are told they are loved a hundred times and criticized for something one time, they can remember the criticism. They may consider themselves responsible for mistakes that did not involve them.

Blues are very spiritual beings. They believe in a higher power in the universe. God, prayer, and religion play an important role in their lives. They could not exist without spirituality and their belief that their purpose in life is aligned with it. For them spirituality means living every day in tune with their inner-guidance and intuition. This is their truth and this is how they are capable of great love and compassion. They have tremendous faith and trust in God. In challenging and intense times, they are able to connect with their powerful inner-source so they can continue to help and support others.

SOCIAL LIFE

Blues enjoy being around people. They are very social and always concerned about the needs of others. Blues are found in all areas of society where service and support are needed. For them no task seems too much if it is enjoyed and appreciated. It's their outlet for their powerful love and compassion.

Blues have lifelong friends. Even when they don't often have close physical contact they are powerfully connected to those they love. They communicate their love and appreciation on all levels including the more conventional ones like writing and talking on the phone.

Blues express feminine or nurturing essence of mother nature. They balance the active masculine aspect helping us to integrate both energies into our society.

RELATIONSHIPS AND INTIMACY

Living in healthy harmonious relationships is essential for blues. They want to love and to be loved. Blues make wonderful mates, because they love to take care of and support their loved ones. They create a happy and harmonious lifestyle with their family at the heart. They may expect their partner to return their love as powerfully and freely as it is given and to be as supportive and caring. They may find it hard to accept that other personalities might not understand the strong emotional depth they possess.

Blues want to be married and to live in solid family relationships. Love and affection are more important to them than sex and passion. Kissing, cuddling, and feeling emotional love from their partner may be more important than sexual excitement and stimulation. Sex is a deep, emotional, and a spiritual experience that creates a powerful bond with their partners, who they often consider to be soul mates.

Blues are loyal and monogamous. Their test is to be aware that if they are too emotionally demanding with their partner they might be pushed away. In disharmonious relationships they have difficulty letting go and remaining independent. In fact, some unhealthy relationships may be difficult for blues to let go.

Blues love the strength of reds, security of oranges, and independence of greens. They must insure that they are not being used and that their relationships are based on sensitivity and love.

Oranges and blues are the opposite side of the spectrum and therefore can learn a great deal from each other. Blues can be too emotional with other blues to the extent that neither one has the power to lead and inspire. Blues love the passion and spirituality of violets. Violets have God and spirituality as a basis for incredible relationships.

It is important for a blue to create a spirituality balanced life with a loving sensitive partner. Then they can live a peaceful, happy, and content life.

CAREER AND FINANCES

Emotional and spiritual values are far more important to blues than money and they play a much larger role in their lives than financial issues. Blues are careful with money and have a rather conservative approach to it. They need to make sure to cover all their expenses and basic needs and they normally do not take financial risks.

Blues make excellent counselors and therapists. They are great listeners and can easily tune into the feelings and thoughts of others. They love to be of service to others, especially on a one-on-one basis. If blues choose an occupation that does not offer opportunities to express these powerful qualities they possess they can not be happy.

In the past, blues may have been found predominately in private or social occupations or in their homes as mothers or housewives. In the last few decades, more opportunities have become available and many blues have expanded their horizons going into business careers. They are loyal, supportive, and team-oriented. They lead with a strong team spirit and by example. They show others that working together and creating a supportive environment allows a team to thrive and achieving amazing and powerful results.

Blues solve their challenges by staying calm and going within. They learn to listen to and trust their intuition, dealing with the situation from a place of self-empowerment. Because of their strong inner-knowledge blues usually know what they should do. Their challenge is to take action and make changes. Letting go of old habits and patterns and openly embracing new situations is their test.

Blues usually need time to make choices. Their intuition allows them to make powerful decisions, which are not only valuable for themselves, but to society in general. When blues listen to their intuition and take action they make tremendous growth and can expand their personal goal of self-love and self-nurturing to serve mankind.

Some blue occupations are practitioner, caretaker, priest, nun, housewife, mother, child care worker, personal service, social worker, counselor, teacher, therapist, consultant, healer, secretary, accountant, personal manager, and volunteer.

HEALTH, WELL-BEING, AND GROWTH

To become truly centered blue personalities must learn to love themselves unconditionally. When they overcome their greatest fear of being alone and not being loved they can express their powerful feelings freely to live a meaningful and fulfilling life.

It is important for blues to set boundaries and make clear decisions. They must learn to express their feelings and say, "No," when it is appropriate and when they need to honor themselves. Connecting with their personal power and then using it allows them to achieve goals and express even more love.

Blues need to create a peaceful and harmonious environment. They need to make willful decisions as to who they want to have as friends and what work environments are acceptable to their well-being. They must learn to protect themselves.

Blues need a lot of time for themselves. They like being in a quiet atmosphere, listening to harmonious music, or just sitting in a peaceful room. Being alone is empowering and allows them to go within. They love to visit churches or other spiritual power spots to recharge their inner-battery and to give them the energy they need to find their purpose in life. Meditation and prayer are the most important and effective tools they can use to achieve inner-peace and happiness. Being around like-minded spiritual people is essential.

Blues need to constantly be aware of their sensitive emotional energy. Understanding their mind-body-spirit relationship can help them to stay healthy and strong. Their mission is to first empower themselves through self love and then to set a compelling example to all.

